



Friends of Parkinson's
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Friends of Parkinson's Announces Partnership with Medical Fitness Network to Provide New Fitness and Allied Healthcare Provider Resource

Las Vegas, Nevada— The Friends of Parkinson's (FoP) has partnered with the Medical Fitness Network (MFN) —a free national online resource directory to locate fitness, wellness and allied healthcare professionals who provide services for those with medical conditions, chronic disease or women's health issues.

"Exercise is an important part of healthy living for everyone. For people with Parkinson's, exercise is more than healthy, it is a vital component to maintaining balance, mobility and the ability to perform activities of daily living. Establishing early exercise habits is essential part of overall disease management as an extension of their treatment. Doctors will recommend exercise but then patients are often left to their own devices to determine how best to fill these doctor's orders. The patient can search online for fitness and allied healthcare providers, but it can be a daunting task to find the right solution. " says FoP Founder Jamillah Ali-Rahman. "We are excited to partner with the MFN in order to provide a resource for those with Parkinson's and their families to find health, wellness & fitness providers all in one place that best fit their needs."

"The MFN strives to improve the quality of life for those with Parkinson's, family members and caregivers by providing a registry of professionals that offer a holistic approach to complement their medical care," said MFN founder Lisa Dougherty. " We are also excited to help create awareness about their community programs & events

About Friends of Parkinson's (FoP)

Friends of Parkinson's is a non-profit organization that is comprised of a coalition of individuals, companies and organizations that collaborate to provide the highest quality of services and care to the Parkinson's community in Southern Nevada. The Friends of Parkinson's non-profit provides support groups for persons with Parkinson's, their caregivers and care partners; a resource center; outreach awareness; and social events. As Friends of Parkinson's continues to grow, so will the development of support groups and outreach. For more information on Friends of Parkinson's please visit <http://friendsofparkinsons.org> or call 702-381-4141.

About the Medical Fitness Network (MFN)

The Medical Fitness Network (MFN) is a free online resource directory for consumers to locate fitness & allied healthcare professionals interested in working with those with chronic disease/medical conditions, including but not limited to: Alzheimer's, Arthritis, Cancer, Diabetes, Fibromyalgia, Heart Disease, Mental Disorders, Multiple Sclerosis, Parkinson's, Pre & Postnatal Care, Respiratory Disease and Stroke. The MFN donates its services as a national database management company to medical, health organizations that do not offer resources for locating fitness & allied healthcare professionals interested in working with their populations. <https://medicalfitnessnetwork.org/about/>